

April 2020



Hungry Knights Cafe



LUNCH

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Quick Bites=Ham or Turkey & cheese sandwich or wrap
Salad=Mon -Thurs Chef or Caesar, Fri = Muffin & Yogurt
Lunch Prices = Elem = \$2.35. Secondary & High = \$2.50
Breakfast \$1.10. Adult lunch \$3.75 (Adult breakfast Al -a -carte.)

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Monday



Tuesday

Wednesday

Thursday

Friday

Oven roasted chicken & biscuit
Seasoned noodles
Green beans
Juice & Milk

6

Beef-a-roni
W/ bread stick
Sliced carrots
Popeye salad
Fresh fruit & milk

7

Hamburger
W/let/tom/pickles
Baked fries
Calico beans
Chilled fruit & milk

8

Shepherds pie w/roll
Green peas
Sliced beets
Fresh fruit
Milk

2

Pizza
Corn
Baby carrots w/dip
Juice/fruit
Milk

3

Beef tacos
W/let/tom
Black beans
Mexican rice
Juice & milk

13

Chicken & noodle
W/roll
Mixed vegetables
Celery sticks
Fresh fruit & milk

14

Cheeseburger
W/let/tom/pickles
Sweet potato fries
Cole slaw
Chilled fruit & milk

15

Spaghetti
W/bread stick
Garden salad
Green beans
Fresh fruit & milk

16

Pizza
Corn
Baby carrots w/dip
Juice/fruit
Milk

17

Beef nachos w/ cheese
Seasoned Pintos
White rice
Juice
Milk

20

Chicken & rice w/roll
Black eyed peas
Steamed broccoli
Fresh fruit
Milk

21

Chefs choice
Mixed vegetables
Vegetable of choice
Chilled fruit
Milk

22

Beef stroganoff w/roll
Green peas
Sliced beets
Fresh fruit
Milk

23

Pizza
Corn
Baby carrots w/dip
Juice/fruit
Milk

24

Oven roasted chicken & biscuit
Seasoned noodles
Steamed broccoli
Juice & Milk

27

Beef-a-roni
W/bread stick
Sliced carrots
Popeye salad
Fresh fruit & milk

28

Hamburger
W/let/tom/pickles
Potato wedges
Baked beans
Chilled fruit & milk

29

Chicken Fajita
Black beans
Seasoned rice
Fresh fruit
Milk

30

