



Berkley Charter

OCTOBER 2018

Hungry Knights Cafe

ALL MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
Quick Bites=Ham or Turkey & cheese sandwich or wrap
Salad=Mon -Thurs Chef or Caesar, Fri = Muffin & Yogurt
Lunch Prices = Elem = \$2.35. Secondary & High = \$2.50
Breakfast \$1.10. Adult lunch \$3.75 (Adult breakfast Al -a -carte.)

Monday

1
Beef nachos
W / cheese cup
Seasoned pintos
White rice
Juice
Milk

8
Hot dog
Baked beans
Oven baked fries
Juice
Milk

15
NO SCHOOL

22
Beef nachos
W / cheese cup
Seasoned pintos
White rice
Juice
Milk

29
Meatball sub
Baked beans
Oven baked fries
Juice
Milk

Tuesday

2
Chicken soft tacos
W / let & cheese
Black beans
Vegetable of choice
Fresh fruit
Milk

9
Lasagna
W / bread stick
Spinach
Sliced beets
Fresh fruit
Milk

16
Corn dog
Cole slaw
Mixed vegetables
Juice
Milk

23
Spaghetti
W / bread stick
Fresh broccoli w / dip
Steamed cauliflower
Fresh fruit
Milk

30
Fish & biscuit
W / tartar sauce
Mac & cheese
Sliced carrots
Fresh fruit
Milk

Wednesday

3
Chili w / corn muffin
Green beans
Sliced Carrots
Chilled Fruit
Milk

10
Beef tacos
W / Let / Tom
Black beans
Fiesta rice
Chilled fruit
Milk

17
Cheeseburger
W / Let / tom / pickle
Baked beans
Oven baked fries
Chilled fruit
Milk

24
Chicken & rice
W / Roll
Green beans
Carrots
Fresh fruit
Milk

31
Beef tacos
W / Let / Tom
Black beans
Fiesta rice
Chilled fruit
Milk

Thursday

4
Spaghetti
W / bread stick
Fresh broccoli w / dip
Steamed cauliflower
Fresh fruit
Milk

11
Fish & biscuit
W / Tartar sauce
Mac & cheese
Sliced Carrots
Fresh fruit
Milk

18
Shepherd's pie
W / Roll
Vegetable of choice
Spinach
Fresh fruit
Milk

25
Chicken soft taco
W / Let & Cheese
Black beans
Vegetable of choice
Fresh fruit
Milk

Friday

5
Pizza
Green peas
Baby carrots w / dip
Juice
Milk

12
Pizza
Corn
Baby carrots w / dip
Juice
Milk

19
Pizza
Green peas
Baby carrots w / dip
Juice
Milk

26
Pizza
Corn
Baby carrots w / dip
Juice
Milk



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