Wellness Policy Assessment Tool

School: Berkley Accelerated **Completed By:** Loren Walker **Date:** 7/10/2026

Title: Assistant Princ.; Food Service Director

Please complete each area, marking "X" in the appropriate column indicating the goal as being implemented "Fully" or "Partially". Provide comments if appropriate.

Benchmark	Fully	Partially	Comments
All food sold/served to students is prepared in health inspected facilities under the guidance of trained staff.	☑	☐	
Students are provided access to hand washing before meals and snacks.	☑	☐	
Students are provided a pleasant eating environment where they have ample seating and are not feeling rushed during meals.	☑	☐	
Students are provided at least 10 minutes to eat after sitting down for breakfast and 20 minutes to eat after sitting down for lunch.	☑	☐	
Accommodations are provided for students who need more time to finish their meal.	☑	☐	
Meal periods are scheduled at appropriate times. Breakfast is served between 7:30am-8:00am and lunch is served between 10:30am-12:30pm.	☑	☐	
Students are provided with attractive, clearn dining areas which have ample seating for all students scheduled during a given meal period.	☑	☐	
Foods or beverages are not used as rewards for academic performance or good behavior (unless that is part of a student's IEP, BIP, or 504 plan).	☑	☐	
Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non food items.	☑	☐	
Fundaising activities involving the sale of food take place outside the school day (school day is defined as 1/2 hour before school and the final bell) and must meet smart snack nutritional guidelines.	☑	☐	
Students and staff are prohibited from personal funraising efforts that include the sale of foods or beverages to students on campus.	☑	☐	
Classroom celebrations encrouage healthy choices and portion control.	☑	☐	
Share of foods and beverages are not allowed.	☑	☐	

Wellness Policy Assessment Tool

Continuation

Benchmark	Fully	Partially	Comments
Staff will be encouraged to participate in moderate-intensity aerobic activity (e.g., brisk walking, jogging, pickleball) every week.	☑	☐	
Regular classroom teachers will be encouraged to provide short physical activity breaks between lessons or classes, as appropriate.	☑	☐	
Only "smart snack" options are offered in vending machines, school stores, concession stands, a la carte lines, and classrooms. Choices meet guidelines for foods sold outside reimburseable meals and portion sizes.	☑	☐	
Foods sold a la carte in schools must meet the guidelines of the National School Lunch Program overseen by Cafeteria Manager.	☑	☐	
The only beverages sold in schools: plain water - with or without carbonation, milk (flavored must be fat free, unflavored may be fat free or 1%), or calorie free or very low calorie beverages.	☑	☐	
Free, potable water will be available to all students during meal service (water fountain or cups of water).	☑	☐	
Schools will provide nutrition education as part of a holistic sequential, age-appropriate comprehensive program designed to provide students with the knowledge and skills necessary to promote healthy life styles.	☑	☐	
Health education, including nutrition education, is delivered by certified staff.	☑	☐	
Nutrition education is integrated throughout the school day.	☑	☐	
Nutrition benchmarks included in Florida's Physical Education Standards are taught as part of the structured and systematic unit of instruction during physical education classes and will be integrated into other subject areas (e.g. math, science) where there is a natural fit.	☑	☐	
Students will have the opportunity to be involved in physical activity through physical education programs, before and after school activities or other activity program/clubs.	☑	☐	
Students are encouraged to participate in community-offered fitness and athletic programs.	☑	☐	
Families are encouraged thorugh newsletters, homework assignments, parent-teacher meetings, etc. to make healthy food choices and to lead a healthy lifestyle.	☑	☐	

Wellness Policy Assessment Tool

School: Berkley Accelerated **Completed By:** Jill Bolender **Date:** 7/10/2026

Title: Executive Director

Please complete each area, marking "X" in the appropriate column indicating the goal as being implemented "Fully" or "Partially". Provide comments if appropriate.

Benchmark	Fully	Partially	Comments
All food sold/served to students is prepared in health inspected facilities under the guidance of trained staff.	☑	☐	
Students are provided access to hand washing before meals and snacks.	☑	☐	
Students are provided a pleasant eating environment where they have ample seating and are not feeling rushed during meals.	☑	☐	
Students are provided at least 10 minutes to eat after sitting down for breakfast and 20 minutes to eat after sitting down for lunch.	☑	☐	
Accommodations are provided for students who need more time to finish their meal.	☑	☐	
Meal periods are scheduled at appropriate times. Breakfast is served between 7:30am-8:00am and lunch is served between 10:30am-12:30pm.	☑	☐	
Students are provided with attractive, clearn dining areas which have ample seating for all students scheduled during a given meal period.	☑	☐	
Foods or beverages are not used as rewards for academic performance or good behavior (unless that is part of a student's IEP, BIP, or 504 plan).	☑	☐	
Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non food items.	☑	☐	
Fundaising activities involving the sale of food take place outside the school day (school day is defined as 1/2 hour before school and the final bell) and must meet smart snack nutritional guidelines.	☑	☐	
Students and staff are prohibited from personal funraising efforts that include the sale of foods or beverages to students on campus.	☑	☐	
Classroom celebrations encrouage healthy choices and portion control.	☑	☐	
Share of foods and beverages are not allowed.	☑	☐	

Wellness Policy Assessment Tool

Continuation

Benchmark	Fully	Partially	Comments
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Nutrition education is integrated throughout the school day.	☑	☐	
Nutrition benchmarks included in Florida's Physical Education Standards are taught as part of the structured and systematic unit of instruction during physical education classes and will be integrated into other subject areas (e.g. math, science) where there is a natural fit.	☑	☐	
Students will have the opportunity to be involved in physical activity through physical education programs, before and after school activities or other activity program/clubs.	☑	☐	
Students are encouraged to participate in community-offered fitness and athletic programs.	☑	☐	
Families are encouraged thorugh newsletters, homework assignments, parent-teacher meetings, etc. to make healthy food choices and to lead a healthy lifestyle.	☑	☐	

Wellness Policy Assessment Tool

School: Berkley Accelerated **Completed By:** Brian Sawyer **Date:** 7/10/2026

Title: Principal

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Continuation

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